



You are invited to join us in an

interfaith meditation group

Over the past 10 years or so, encouraged by our spiritual leader Father Laurence Freeman, the Christian meditation community here in Sydney has been part of a number of conversations with other faith traditions.

Interfaith friendship especially at the grass roots level serves the whole world in this critical era... Meditation is a spirituality of our time. It belongs to each tradition in a unique way. It offers an immediate and deep place of meeting, creating a community of faith among those of different beliefs and generates the hope that our time so urgently needs
(Laurence Freeman, 2012)

We were further encouraged by Sheikh Kabir in London last year who suggested we simply, powerfully meet together to share silent prayer.

Please come and be part of this new group, evolving to we know not where...

Venue...the meditation room, St Francis Xavier Parish Centre, 20 Mackenzie St Lavender Bay (adjacent to North Sydney station)

When ...the group will ongoingly be held on the 1st Sunday of each month from 5-6pm. By way of preparing for this, we are gathering at 5pm on Sunday 5 February 2012 for meditation, followed by some conversation anticipating a beginning on Sunday 6 May and each 1st Sunday in 2012 thereafter.

How ...we will gather with some contemplative music, and begin and end the time of meditation with a short reading drawn from different traditions. There will be a simple introduction to the practice where each will be invited to take a word or phrase sacred to them and repeat it silently during the time of meditation, 20-30 minutes.

Contact...Paul or Judi Taylor palmy@ozemail.com.au ph. 9954 1037 with any enquiries or to let us know of your interest.

Please feel free to share this with others who may be interested

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