

The following is a variation on the prayer of St Francis that Mother Teresa prayed when she addressed the United Nations in 1985:

Make us worthy Lord to serve all those who live and die in poverty and hunger.
Give them through our hands, this day, their daily bread;
and by our understanding love, give them your peace and joy.

Lord, make me a channel of thy peace.
That where there is hatred I may bring love,
That where there is wrong, I may bring the spirit of forgiveness,
That where there is discord, I may bring harmony,
That where there is error, I may bring truth,
That where there is doubt, I may bring faith,
That where there is despair, I may bring hope,
That where there are shadows, I may bring light,
That where there is sadness, I may bring joy.

Lord, grant that I may seek rather to comfort than to be comforted,
To understand than to be understood,
To love than to be loved.
For it is in forgetting self that one finds.
It is by forgiving that one is forgiven,
It is by dying that one awakens to eternal life.

Amen.

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